

## MORNING OFFERING

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father. Amen.

## ACT OF FAITH



O my God, I firmly believe that You are one God in Three Divine Persons, Father, Son and Holy Spirit. I believe that Your Divine Son became Man, and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, Who can neither deceive nor be deceived. Amen.

## ACT OF HOPE



O my God, relying on Your almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

## ACT OF LOVE



O my God, I love You above all things, with my whole heart and soul, because You are all-good and worthy of all love. I love my neighbor as myself for the love of You. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.

## ACT OF CONTRITION

O my God, I am heartily sorry for having offended thee, and I detest all my sins because of thy punishments, but most of all because they offend thee, my God, Who are all-good and worthy of all my love. I firmly resolve, with the help of thy grace, to sin no more and to avoid the near occasions of sin. Amen.

## PRAYER TO MY GUARDIAN ANGEL

Angel of God, my guardian dear, to whom God's love entrusts me here. Ever this day be at my side to light, to guard to rule and guide. Amen.



## THE APOSTLES' CREED

I believe in God the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven and is seated at the right hand of God, the Father Almighty, from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## THE NICENE CREED

I believe in one God, the Father, the Almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord, Jesus Christ, the only begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father. Through him all things were made. For us men and for our salvation he came down from heaven, and by *the Holy Spirit he was incarnate of the Virgin Mary, and became man.* For our sake he was crucified under Pontius Pilate; he suffered death and was buried, rose again on the third day in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the Prophets. I believe in one holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins. I look forward to the resurrection of the dead, and the life of the world to come. Amen.

## Traditional Prayers for Catholic Children



## THE SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

## THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

## THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

## GRACE BEFORE MEALS

Bless us O Lord, and these thy gifts which we are about to receive from thy bounty through Christ Our Lord. Amen.

## GRACE AFTER MEALS

We give you thanks for all your benefits, Almighty God who live and reign for ever. May the souls of the faithful departed through the mercy of God rest in peace. Amen.

## THE MYSTERIES OF THE ROSARY

The Five Joyful Mysteries are:

1. The Annunciation
2. The Visitation
3. The Birth of Our Lord
4. The Presentation of Our Lord in the Temple
5. The Finding of Our Lord in the Temple

The Five Sorrowful Mysteries are:

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Our Lord

The Five Glorious Mysteries are:

1. The Resurrection of Our Lord
2. The Ascension of Our Lord into Heaven
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of Our Blessed Mother into Heaven
5. The Coronation of Our Blessed Mother in Heaven

The Five Luminous Mysteries are:

1. The Baptism of Our Lord in the River Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration of Our Lord
5. The Institution of the Eucharist



### FATIMA PRAYER

O my Jesus, forgive us our sins. Save us from the fires of Hell; lead all souls into Heaven, especially those in most need of Thy mercy. Amen.

### PRAYER AFTER THE ROSARY

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

## HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our Life, our Sweetness, and our Hope. To Thee do we cry, poor banished children of Eve. To Thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious Advocate, Thine Eyes of Mercy toward us, and after this our exile show us the Blessed Fruit of thy Womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God. That we may be made worthy of the promises of Christ.



### REGINA COELI (Easter Time)

**All:** Queen of Heaven, rejoice, alleluia.  
The Son whom it was your privilege to bear, alleluia. Has risen as He said, alleluia.

**Leader:** *Rejoice and be glad, Virgin Mary, alleluia!*

**All:** For the Lord has truly risen, alleluia!

**Leader:** *Let us pray.*

**All:** O God, who, through the Resurrection of Thy Son our Lord Jesus Christ, didst vouchsafe to fill the world with joy; grant, we beseech Thee, that, through His Virgin Mother, Mary, we may lay hold on the joys of everlasting life. Through the same Christ our Lord. Amen.

## THE ANGELUS

**Leader:** *The Angel of the Lord declared unto Mary:*

**All:** And she conceived of the Holy Spirit.  
*Hail Mary...*

**Leader:** *Behold the handmaid of the Lord:*

**All:** Be it done unto me according to Thy word. *Hail Mary...*

**Leader:** *And the Word was made Flesh:*

**All:** And dwelt among us.  
*Hail Mary...*

**Leader:** *Pray for us, O Holy Mother of God,*

**All:** That we may be made worthy of the promises of Christ.

**Leader:** *Let us pray:*

**All:** Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.



### THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come; before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.