

SPRING PROFESSIONAL DEVELOPMENT DAY

THURSDAY, MAY 2, 2024

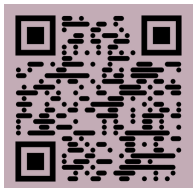
8:00 AM - 12:30 PM

EVIDENCE BASED TREATMENT OF THE ROMAN CATHOLIC FAMILY: FURTHERING THE NEW EVANGELIZATION

Location:

St. Helena Parish,
Empress Room
1489 Dekalb Pike, Blue Bell, PA 19422

To Register Scan
this QR Code 



PRESENTER:

Dr. Brigette A. Erwin
Licensed Psychologist

Director, The Anxiety & OCD Center
Director, Dr. Erwin Consulting

Marriage and family are two of the most precious human values (Familiaris Consortio, 1981). Saint Pope John Paul II wrote optimistically about the crucial role the family has in the new evangelization and that nothing can destroy what God has set in motion in the Christian marriage (Moreno, 2018). The treatment of marriage, family, and children has received significant attention over the years, with a number of effective treatments (Carr, A., 2018; Christensen, A., et al., 2004; Dopp, A., et al., 2017; Shadish & Baldwin, 2005; van der Stouwe, T., et al., 2014). The field of psychology has produced evidence-based treatments that are meant to be utilized to further God's will through healing and strengthening marriage, family, and children. This presentation will present evidence-based treatment strategies, consistent with Roman Catholic formation, for families and children. These treatment strategies are most effective when also implemented in academic settings.

Office for Catechetical Formation

Sowing the Seeds of Faith

AGENDA

- 8:00 AM** Holy Mass (optional) - Rev. Stephen P. DeLacy, Vicar
Faith Formation with Youth & Young Adults
- 8:50 AM** Fellowship and Grace before Meals/Breakfast
- 9:40 AM** Welcome and Voting on By-Laws proposal- Jim Malinowski, PDCARE President
- 9:50 AM** Break
- 10:00 AM** Speaker Introduction - Fr. DeLacy, Vicar, Faith Formation with Youth & Young Adults
- 10:05 AM** Presentation: Dr. Brigette Erwin
Evidence Based Treatment of the Roman Catholic Family:
Furthering the New Evangelization
- 12:15 PM** Final Remarks - Jim Malinowski, PDCARE President
- 12:25 PM** Closing Prayer - Rev. Stephen P. DeLacy, Vicar, Faith Formation with Youth & Young Adults



Dr. Brigette Erwin is a licensed clinical psychologist, speaker, and author, recognized for her contribution to evidence-based treatment of anxiety and related disorders. Dr. Erwin founded the Anxiety and OCD Center in Malvern, Pennsylvania to deliver effective treatment to children, adolescents, adults, couples, and families affected by anxiety and related disorders. The Anxiety and OCD Center also provides treatment to students in school for many local school districts, as well as training in evidence-based treatment of other mental health professionals. Dr. Erwin is Clinical Associate Professor of Psychology at the Philadelphia College of Osteopathic Medicine and is a consultant to the Saint Charles Borromeo Seminary Archdiocese of Philadelphia Admissions Board.

Dr. Erwin received her Ph.D. from Temple University and completed a National Institute of Mental Health postdoctoral fellowship at the University of Pennsylvania School of Medicine, Department of Psychiatry. Dr. Erwin has since served as Director of the OCD Program at the Anxiety and Agoraphobia Treatment Center, and Associate Director of the Adult Anxiety Clinic of Temple University. The quality of Dr. Erwin's work and her dedication to the study and treatment of the anxiety disorders has been recognized with awards from the Anxiety Disorders Association of America, the National Institute of Mental Health, the Medical University of South Carolina, Temple University, and Boston College.