

**Archdiocese of Philadelphia**  
**PREP Mid-Year Assessment**  
**Study Guide**  
**Level 3**

**I. Trinity**

- A. The Trinity is the central mystery of our faith
- B. The first Person of the Blessed Trinity is God, the Father
  - i. God is all-holy, everlasting, all-merciful, all-loving, and all-knowing
- C. The second Person of the Blessed Trinity is God, the Son
  - i. Jesus is the Son of God
  - ii. He is also known as our Redeemer
- D. The third Person of the Blessed Trinity is God, the Holy Spirit

**II. Sacraments**

- A. The Sacraments of Initiation are Baptism, Confirmation and Eucharist
  - i. Baptism makes us children of God
    - The priest or deacon is the usual minister of Baptism
  - ii. Confirmation seals us with the Holy Spirit
    - The Bishop is the usual minister of Confirmation
  - iii. Eucharist is the Body and Blood of Jesus Christ
- B. The Sacraments of Healing are the Anointing of the Sick and the Sacrament of Penance
  - i. Penance is the sacrament of forgiveness for our sins
  - ii. Anointing of the Sick- the priest anoints someone who is sick or in danger of death with the sacred oil.
- C. The Sacraments at the Service of Communion are Holy Orders and Matrimony
  - i. Holy Orders
    - a. is when a man is ordained a deacon, priest or bishop
    - b. only men can receive the Sacrament of Holy Orders
  - ii. Matrimony is the sacrament that a man and a woman pledge their love for a lifetime before God and His Church

### III. Mary

- A. Mother of God
- B. Our Mother
- C. Model of faith and holiness for all believers
- D. The Immaculate Conception which means that Mary was free from sin
- E. There are four sets of mysteries of the rosary which recount the lives of Jesus and Mary. (Joyful, Luminous, Sorrowful and Glorious)

### IV. Liturgical Year

- A. Advent is a time to prepare for Christmas
- B. Solemnities celebrate the most significant or special events of the Church
- C. Some important days of the Liturgical year are:
  - i. October 7 – Our Lady of the Rosary
  - ii. November 2 – All Souls Day
  - iii. December 12 – Our Lady of Guadalupe, Patroness of the Americas
  - iv. January 5 – St. John Neumann, Fourth Bishop of Philadelphia

### V. Prayer

- A. We pray to praise God, to ask for our needs, to express sorrow for our sin and to give thanks for our blessings.
- B. Jesus taught us the Our Father
- C. The Hail Mary is a prayer to honor Mary
- D. The Creed means “I Believe”
- E. The Apostles Creed tells us what Catholics believe
- F. An aspiration is a short prayer which invokes the name or title of a saint (for example, “My Jesus, mercy!”)
- G. The Act of Contrition is a prayer of sorrow.

### VI. Sacramentals

- A. Holy actions (sign of the cross, blessings)
- B. Holy objects (crucifixes, rosaries, holy water and oils)