

## **“Our Father” Confirmation Retreat Retreatant Handout**

### **Our Father, Who art in heaven, Hallowed be Thy Name**

Dan Tarrant: Personal Relationship with God

**Intercession from your heart:** I believe, God, that you are one and you want to be my close friend. I ask for the gift to not need to figure you out and to have a distinct close friendship with each of your persons: the Father, the Almighty; Jesus Christ, the only Son; and the Holy Spirit, the giver of life. Amen

**Reflection Question:**

- 1) What does it mean that God the Father loves you?

Mark Gomba: God the Father

**Intercession from your heart:** Loving Father, help me to always know and experience your love, protection, and guidance. Teach me your commands. Help me to be your beloved daughter/son. I know that you know me very well; help me to know you.

**Reflection Questions:**

- 2) Name the people in your life who reflect God the Father to you? How do they do that?

- 3) What must I do to always see myself as a beloved daughter or beloved son?

## Thy Kingdom Come

Richara Krajewski: The Mass

**Intercession from your heart:** God help me to know you, love you and serve you always. Help me to know you at the Mass, and from Mass show me what is real. Teach me how much you love me, and who I am. Teach me how to live, to love, and to be human. Amen

### Reflection Questions

- 4) How does the Mass help us to know God, love God, and serve God?
  
  
  
  
  
  
  
  
  
  
- 5) Jesus is present through the Eucharist, the Word of God, the priest, and the Baptized community. What ways have you already experienced Jesus at the Mass?

## Thy will be done, on earth as it is in Heaven.

Ryan Nguyen: Remember who you are and discernment

**Intercession from your heart:** Father may I always remember who I am as your beloved son /daughter. Help me to be like You both in this life and for all Eternity.

### Reflection Question:

- 6) How does it make you feel to be a royal Son/Daughter of God the Father?

Sr. Marianne Theresa Lallone: Vocation

**Intercession from your heart:** Father help me to imitate Jesus your Son in always doing your will. Holy Spirit help me to know the Father's plan for my life and give me the strength to do that plan. Amen.

### Reflection Question:

- 7) A Vocation is a call from God. What call do you believe God is inviting you to discern?

## Retreatant Handout

Edwin Garcia: Following Jesus

**Intercession from your heart:** Holy Spirit help me to desire to always do what the Father wants me to do. Help me to desire to know the Father's plan is for my life and in what mission he wants me to engage. Give me the courage to do that plan. Amen.

**Reflection Question:**

- 8) Why is it hard to do God's will?

**Give us this day our daily bread.**

Mother Incarnation: God provides

**Intercession from your heart:** Heavenly Father, I know you love me. Help me to trust that you will always take care of all of my needs.

**Reflection Question:**

- 9) What is the difference between what I need and what I want? What is the list of things that I want? What is a list of things that I need?

Joshua Brooks: Who is Jesus?

**Intercession from your heart:** Jesus my messiah, my friend, my Lord, thank you for saving me. You gave your life on the Cross for me to save me from sin and death. In response I give myself to you. Jesus, I give you my life, my heart, and all that I am. I choose to be your follower. Amen

**Reflection Questions:**

- 10) Who do you say that Jesus is for you? Do you believe he is your friend?

- 11) Are you allowing "The Jesus Effect" to overcome sin in your life?



Peter Strauffer: Sacrament of Confession

**Intercession from your heart:** Jesus, help our friendship to always be my top priority. Help me to constantly improve our relationship by repenting from sin. Give me the grace to always keep the Sacrament of Reconciliation a part of my life.

**Reflection Questions**

16) Why is the Sacrament Confession so important?

17) How does the Sacrament of Confession help you in your friendship with Jesus?

**And lead us not into temptation, but deliver us from evil. Amen.**

Dan Tarrant: Universal Call to Holiness

**Intercession from your heart:** Heavenly Father help me to be holy as you are holy. Help me to imitate the life of Jesus. Help me to be animated by the gift of your Holy Spirit. Help me to fully live my Catholic faith and help me to be a saint.

**Reflection Question:**

18) How have you allowed God into your life?

19) What are other ways you want God to be a part of your life?