

Archdiocese of Philadelphia
PREP Mid-Year Assessment
Study Guide
Level 2

I. Blessed Trinity

- A. The Blessed Trinity is the central mystery of our faith.
- B. There are three persons in one God.
 - i. God the Father
 - a. the First Person of the Trinity
 - b. He created all people and things
 - ii. God the Son, Jesus Christ
 - a. the Second Person of the Trinity
 - b. the Father's greatest gift to the world
 - c. His followers are called Christians
 - iii. God the Holy Spirit
 - a. the Third Person of the Trinity
 - b. received at Baptism and lives within us
 - c. Helps us to live good Christian lives
- C. Two prayers that express our belief in the Trinity are:
 - i. The Sign of the Cross
 - ii. The Glory Be

II. Sacraments

- A. There are seven sacraments.
- B. Christ instituted the seven sacraments.
- C. All sacraments give grace (God's life within us.)

D. Baptism

- i. Forgives original sin and all sin
- ii. Makes us children of God
- iii. The symbols of Baptism are:
 - a. water
 - b. oils
 - c. white garment
 - d. Candle
 - e. Sign of the cross
- iv. The priest or deacon is the usual minister

E. Confirmation

- i. We receive the full outpouring of the Holy Spirit
- ii. Leaves indelible mark on our soul
- iii. The bishop is the ordinary minister

F. Eucharist

- i. Instituted by Jesus at the Last Supper
- ii. Jesus took bread and wine and changed them into His Body and Blood
- iii. The Mass
 - a. remembers the Last Supper
 - b. priest consecrates the bread and wine into Jesus' Body and Blood

G. Penance and Reconciliation

- i. Sacrament that forgives our sins; it is also called confession.
- ii. Temptation is a thought which comes to our minds to say or do something wrong; or not to do what we should do.
- iii. Sin is a deliberate choice to break God's laws

- iv. There are two kinds of sin:
 - a. Mortal sin which is a grave sin
 - b. Venial sin is a less serious sin
- v. We confess our sins to a priest
- vi. We say the Act of Contrition to express sorrow for our sins
- vii. The priest absolves us from our sins
- viii. Bible Stories of Forgiveness
 - a. Zaccheus
 - b. Peter
 - c. The Good Thief

H. Anointing of the Sick

If someone is sick or in the danger of death, the priest prays for their healing and anoints them with holy oil.

I. Sacrament of Marriage

Before God and the Church, a man and a woman promise to love, honor and be faithful to one another for a lifetime

J. Holy Orders

- i. Men become deacons, priests or bishops
- ii. The ordinary minister is the bishop

III. Prayer

- A. Talking and listening to God
- B. A prayer of sorrow is the Act of Contrition

IV. Mary

- A. Mother of God
- B. Our Mother and Model
- C. The rosary is a special prayer or devotion which honors Mary

V. Liturgical Year

A. Sunday

- i. Is the most important day of the Christian week
- ii. celebrates Christ's resurrection

B. The priest wears green in Ordinary Time

C. Advent is the season that prepares us for Christmas.

VI. Sacramentals

A. Holy actions (sign of the cross, blessings)

B. Holy objects (crucifixes, rosaries, holy water and oils)

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